



EYFS fundamental movement activities



Pretending to be an animal can provide lots of movement opportunities for children. There's lots of games and activities you can play.

Walk like an animal. Show one child a card with a picture of an animal on. The child then needs to walk like that animal. Can other people in the house guess what animal they are trying to be?

Have a selection of cards with a task on such as hop like a rabbit, stomp like an elephant, crouch like a tiger. A child selects a card and tries to move like the animal. Parents try to guess what their animal is.

Have a dice with pictures of animals on. The child rolls the dice and attempts to move like the animal.

Make a noise like an animal and the child needs to guess what the animal is and move around the room.

Play music like the wheels on the bus but change the lyrics to the ducks / sheep / horses on the farm.